



### CAHSD Board Members

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### School Districts

Ascension Parish  
Baker School System  
East Baton Rouge Parish  
East Feliciana Parish  
Iberville Parish  
Point Coupee Parish  
West Baton Rouge Parish  
West Feliciana Parish

### Executive Director

Jan M. Kasofsky, Ph.D.

### Mission Statement

To facilitate person-centered recovery by empowering people with chronic behavioral health and developmental disability challenges to strengthen relationships, establish independence, and enhance their ability to improve their physical health and emotional wellbeing.



### What Makes Us Unique

- Public, non-profit status ensures that every dollar goes to services and trainings; billing based on sliding fee scale; Medicaid and other insurances accepted
- Access to a vast in-house network of professionals, providing screenings, assessments and referrals, mobile crisis/emergency teams, hospitalization, physician services, suicide prevention, and treatment for drug and alcohol use
- Dependable and flexible services when and where needed in the schools
- A team of master-level counselors, social workers and physicians, listening to and working closely with students, families, schools and the community
- Trainings for students, parents, teachers, staff and other school or community officials on behavioral health topics parish wide

### What We Do

- Individual, family and group counseling
- Referral to community resources
- Parent support groups
- Crisis consultation/intervention
- Educational presentations on topics relevant to child/adolescent behavior

# Capital Area Human Services District

## SCHOOL-BASED THERAPY PROGRAM



## A PROGRESS REPORT

### SCHOOL-BASED THERAPY PROGRAM

4615 Government Street, Building 1 | Baton Rouge, LA 70806 | (225) 922-0478  
www.cahsd.org



Capital Area Human Services District (CAHSD) is a publicly funded agency providing mental health, addiction recovery and developmental disabilities services in the parishes of Ascension, East Baton Rouge, East Feliciana, Iberville, Pointe Coupee, West Baton Rouge, and West Feliciana.

**“CAPITAL AREA HUMAN SERVICES DISTRICT’S (CAHSD)  
SCHOOL-BASED THERAPY PROGRAM REDUCES ABSENTEEISM,  
SUSPENSIONS, AND EXPULSIONS, AND HAS EVEN BEEN SHOWN  
TO IMPROVE STUDENTS’ GRADES.”**

**A Message from the Executive Director**

**Making A Positive Difference in Your Schools**

We are pleased to present this 2008-11 Progress Report about our school-based services.

Our work in your schools has made a difference for students, families, teachers, and principals. In the last three years alone, CAHSD professionals have:

- Provided therapy to 4,179 students
- Educated 42,391 students, parents, and teachers through workshops
- Averted 46 student suicides through interventions
- Avoided 112 student expulsions through mediation at hearings
- Contributed to a significant decrease in discipline referrals.

CAHSD is proud to work in approximately 30 schools in this region. Over the past 20 years, our school-based program has offered top-quality behavioral health counseling, therapeutic interventions and medication management.

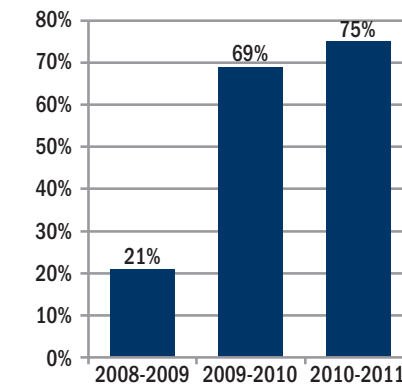
These, and other services, have won high praise from superintendents, principals, teachers, parents and students. They commend CAHSD for helping students improve their grades and stay in school through effectively addressing problematic behaviors, absenteeism, suspensions and expulsions.

As we look forward to the coming year, we continue our pledge to be the behavioral health provider of choice in area schools, serving with the utmost integrity. As a public entity, our focus has been and will always remain bringing the best professionals into your schools to support the success of your students.

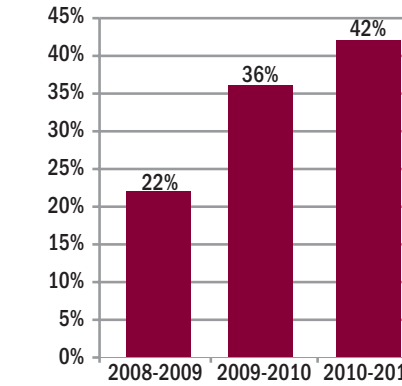
Sincerely,  
  
 Dr. Jan Kasofsky

**CAHSD Delivers**

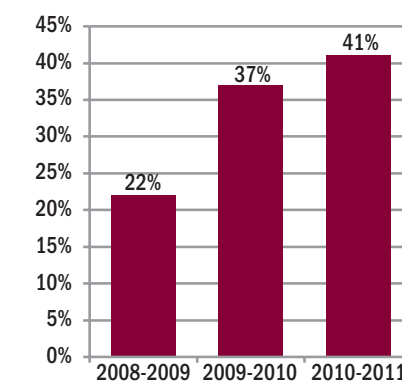
**Expulsions Avoided**



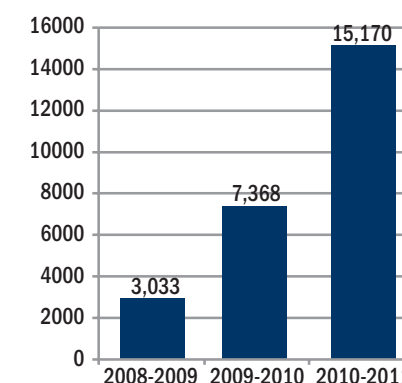
**Absences Reduced**



**Discipline Referrals Reduced**



**Student Attendance at CAHSD Mental Health Workshops**



**Suicides Prevented**

**Lives saved due to suicide intervention in the past 3 year period = 46**

**Individuals Served**

**2008-2011: Students, Teachers and Parents Served = 46,570**

**2011-2012 School Locations**

- |   |  |
|---|--|
| Donaldsonville High, Ascension                | Park Forest Middle, East Baton Rouge         |
| Dutchtown High, Ascension                     | Prescott Middle, East Baton Rouge Parish     |
| Gonzales Middle, Ascension                    | Twin Oaks Elementary, East Baton Rouge       |
| Gonzales Primary, Ascension                   | Winborne Elementary, East Baton Rouge        |
| Lowery Elementary & Intermediate, Ascension   | Jackson Elementary, East Feliciana           |
| Baker Heights Elementary, Baker School System | East Feliciana High, East Feliciana          |
| Belaire High, East Baton Rouge                | Crescent Elementary & Junior High, Iberville |
| Broadmoor Middle, East Baton Rouge            | Plaquemine High, Iberville                   |
| Capitol Middle, East Baton Rouge              | Rosenwald Elementary, Pointe Coupee          |
| Highland Elementary, East Baton Rouge         | Cohn Elementary, West Baton Rouge            |
| Howell Park Elementary, East Baton Rouge      | Port Allen Middle, West Baton Rouge          |
| LaBelle Aire Elementary, East Baton Rouge     | Bains Elementary, West Feliciana             |
| Magnolia Woods Elementary, East Baton Rouge   | West Feliciana Middle, West Feliciana        |
| Melrose Elementary, East Baton Rouge          |  |

**Regional Satisfaction Survey Results**

**School Staff:**

**100%** of principals indicated that the School Based Therapy Programs **provide quality services** to students and their families.

**91.3%** stated that **behavior had improved**.

**84.5 %** indicated that the overall **progress made by students** served by the School Based Therapy Program **had improved**.

**77.8%** indicated that school **attendance had improved**.

**Parents:**

**95.1%** indicated that they were **satisfied with the progress** made by their child or family since seeing the School Based Therapist.

**98.5%** indicated that they were **very satisfied** with the amount of time the School Based Therapist spent with them and/or their child.

**99.5%** indicated that they would be **willing to return** for services.

**Students:**

**97.4%** indicated that they were **very satisfied** with the services they received through the School Based Therapy Program. The majority of the students indicated that they had not been sent to the principal's office for misbehavior this school year.