

SCHOOL-BASED THERAPY WORKS!

Our School-Based Therapy Program has...

- A proven track record of service to eight public school systems in the Capital Area;
- An holistic approach to behavioral counseling involving students, families, teachers, and others;
- Proven results in helping raise academic performance of students by lowering absenteeism, suspensions, expulsions and other classroom disturbances;
- Access to a vast in-house network of professionals providing screenings, assessments and referrals, mobile crisis/emergency teams, hospitalization, physician services, suicide prevention, and treatment for drug and alcohol use;
- Public non-profit status that ensures every dollar goes to services and trainings;
- High satisfaction scores among students, families, principals and faculty;
- Dependable and flexible services when and where needed in the schools; and
- Training for students, parents, teachers, staff, and other school or community officials on behavioral health topics parish wide.

Capital Area Human Services District Mission Statement

To facilitate person-centered recovery by empowering people with chronic behavioral health and developmental disability challenges to strengthen relationships, establish independence, and enhance their ability to improve their physical health and emotional wellbeing.



School-Based Therapy Program

4615 Government Street, Building 1 • Baton Rouge, LA 70806
(225) 922-0478
www.cahsd.org



Is your child's behavior limiting his/her success in school?

School-based therapists offer counseling services to help your child with anger management, hyperactivity, depression, conflicts, frustration with learning, and other problems that can affect success in school.



Capital Area Human Services District (CAHSD) is a publicly funded agency providing mental health, addiction recovery and developmental disabilities services in the parishes of Ascension, East Baton Rouge, East Feliciana, Iberville, Pointe Coupee, West Baton Rouge, and West Feliciana.

WHAT SERVICES DO SCHOOL-BASED THERAPISTS PROVIDE?

- A team of professionals, including master's level counselors, social workers and physicians, listening to and working closely with the student, family, school and community
- Individual, family and group counseling
- Referral to community resources
- Parent support groups
- Crisis consultation/intervention
- Educational presentations on topics relevant to child/adolescent behavior
- Billing based on sliding fee scale; Medicaid and other insurances accepted

WHEN SHOULD YOU CALL US ABOUT YOUR CHILD?

- If your child has had a sudden change in mood, sleep or seems depressed.
- If your child has had an abrupt change in school performance.
- If your child has had a marked change in their social interactions.

HOW DO SCHOOL-BASED THERAPISTS HELP?

School-based therapists work with students, parents, teachers, and principals to help children succeed in school.

The professional counseling team will....

- Receive referrals from parents/guardians, teachers, or any other school personnel.
- Contact parents/guardians to obtain proper parental approvals and a record of the child's history.
- Determine the best intervention based on the student's and guardian's needs.
- Provide professional evaluations by a mental health physician at each school site.
- Provide personalized counseling services.

2011-12 SCHOOL-BASED THERAPY LOCATIONS

OFFICE: 225-922-0478 • FAX: 225-922-2658

ASCENSION PARISH

Donaldsonville High
Dutchtown High
Gonzales Middle
Gonzales Primary
Lowery Elementary and Intermediate

BAKER SCHOOL SYSTEM

Baker Heights Elementary

EAST BATON ROUGE PARISH

Belaire High
Capitol Middle
Highland Elementary
Howell Park Elementary
LaBelle Aire Elementary
Magnolia Woods Elementary
Melrose Elementary
Park Forest Middle
Prescott Middle
Twin Oaks Elementary
Winbourne Elementary

EAST FELICIANA PARISH

Jackson Elementary
East Feliciana High

IBERVILLE PARISH

Crescent Elementary and Junior High
Plaquemine High School

POINTE COUPEE PARISH

Rosenwald Elementary

WEST BATON ROUGE PARISH

Cohn Elementary
Port Allen Middle

WEST FELICIANA PARISH

West Feliciana Middle/Bains Elementary

Results speak for themselves

School-based therapy reduces absenteeism, suspensions, and expulsions, and has even been shown to improve students' grades.

- **95.1%** of parents indicated that they were **satisfied** with the progress made by their child or family since seeing the school-based therapist.
- **98.5%** of parents indicated they were **very satisfied** with the amount of time the school-based therapist spent with them and /or their child.
- **91%** of the teachers indicated that the student's **behavior improved**.
- **97.4%** of students indicated that they were **very satisfied** with the services they received.
- Students in our care attend school at a **higher rate**.
- Students in our care have **reduced expulsion rates**.