



Mission Statement:

To facilitate person-centered recovery by empowering people of all ages with behavioral health needs and developmental disability challenges to strengthen relationships, establish independence, and enhance their ability to improve their physical health and emotional wellbeing.

Board of Directors:

Ascension

Christy Burnett
Becky Katz, Vice Chair

East Baton Rouge

Dana Carpenter, Ph.D.
Denise Dugas
Gerri Hobby
Victoria King
Stephanie Manson

East Feliciana

Kay Andrews
Barbara Wilson

Iberville

Kathy D'Albor
Rev. Louis Askins

Pointe Coupee

Laverne Aguillard
Gail Hurst

West Baton Rouge

Kristen Saucier
Gary Spillman, Chair

West Feliciana

Amy Betts
Sandi Record

Executive Director:

Jan M. Kasofsky, Ph.D.

What To Do in a Behavioral Health Crisis

Clients and loved ones of clients/support of clients:

It is our pleasure to work with you and our goal to keep both you and our staff safe. We ask therefore that if you think you or your loved one is in a crisis that you follow the plan below to ensure safety for all. If you have any questions please see your social worker or clinic manager.

CRISIS: A behavioral health crisis can occur when clients stop taking their medication, have environmental changes, have large or small stressors that occur, and/or have a relapse with drugs and/or alcohol. Clients are a danger to themselves, and/or a danger to others, and/or gravely disabled.

SIGNS OF A CRISIS:

1. Drastic changes in sleep(not sleeping for more than 24 hrs or sleeping all the time)
2. Drastic changes in hygiene(not bathing, brushing teeth, wearing clean clothes, not shaving, etc.)
3. Thoughts of killing oneself
4. Thoughts of killing someone else
5. Increase hallucinations (Voices telling client to do harmful thing)
6. Increased paranoia (thoughts that others are watching you or are against you)
7. Not able to perform daily acts of living and caring for oneself which is different than what client was able to do.

WHAT TO DO:

If you think you or your loved one NEEDS to be hospitalized then:

1. Go to emergency room
2. Call 911
3. Go to Coroner's office

If you are NOT SURE if you or your loved one needs to be hospitalized then:

4. Call the clinic
5. Come into clinic

CAHSD is proud to be nationally recognized and accredited by the Commission on Accreditation of Rehabilitation Facilities



Outpatient Treatment: Alcohol and Other Drugs/Addictions (Adults)
Outpatient Treatment: Alcohol and Other Drugs/Addictions (Children and Adolescents)
Outpatient Treatment: Mental Health (Adults)
Outpatient Treatment: Mental Health (Children and Adolescents)
Residential Treatment: Alcohol and Other Drugs/Addictions (Adults)

4615 Government Street, Building 2• Baton Rouge, Louisiana 70806

Telephone (225) 922-2700 • Fax (225) 925-1987

www.cahsd.org

“Equal Opportunity / Equal Access Employer”