

“Where New Lives Begin”



LOUISIANA
Health & Rehab
CENTER, INC.

LHRC

Established: June 13, 2000

We presently operate the following programs:

Reality House - A residential treatment program for pregnant women, and women and their dependent children aged 0-12.

Pocahontas House - A residential treatment and half way house for men and women who are homeless or functionally homeless and have also been diagnosed with HIV/AIDS or other physical conditions and have a substance use disorder.

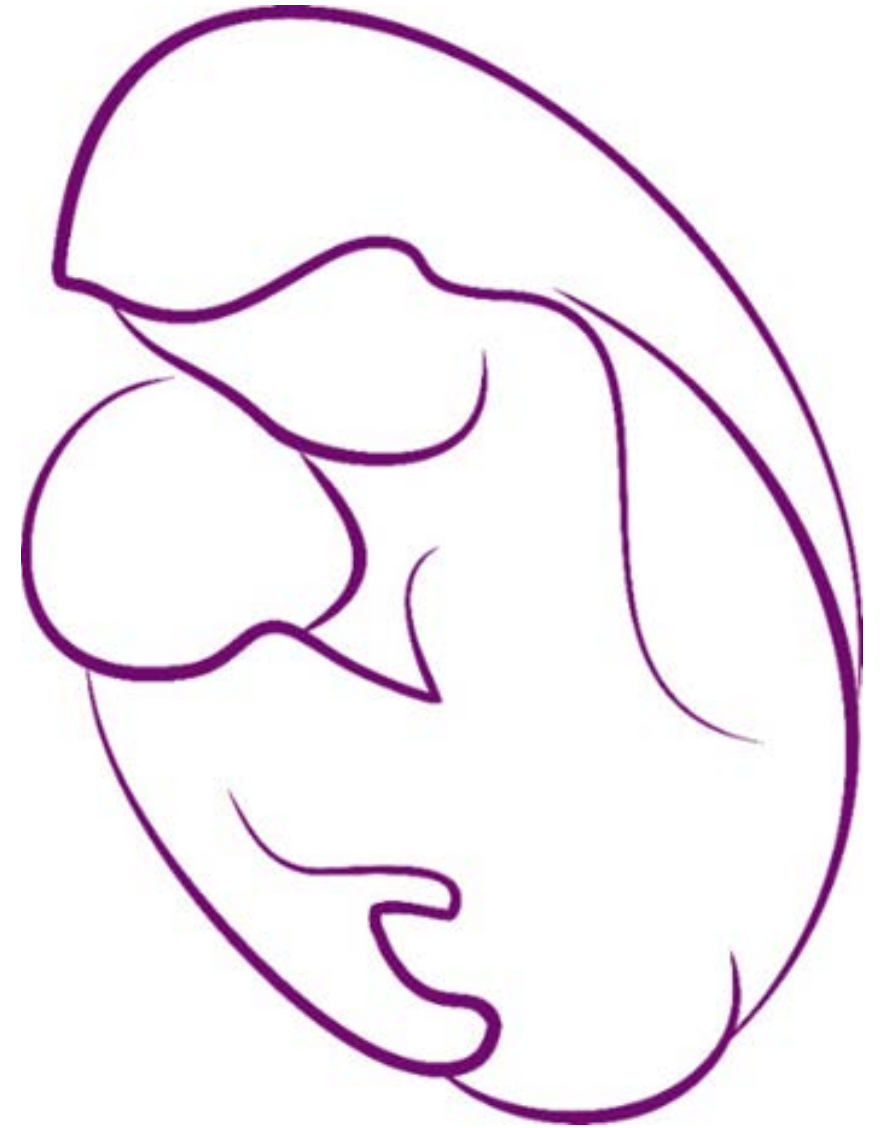
Life Care Center - A outpatient treatment center for Intensive Outpatient and Outpatient substance abuse treatment for Adults and Children.

LOUISIANA NAS
RESIDENTIAL PILOT
PROGRAM

Improving Outcomes

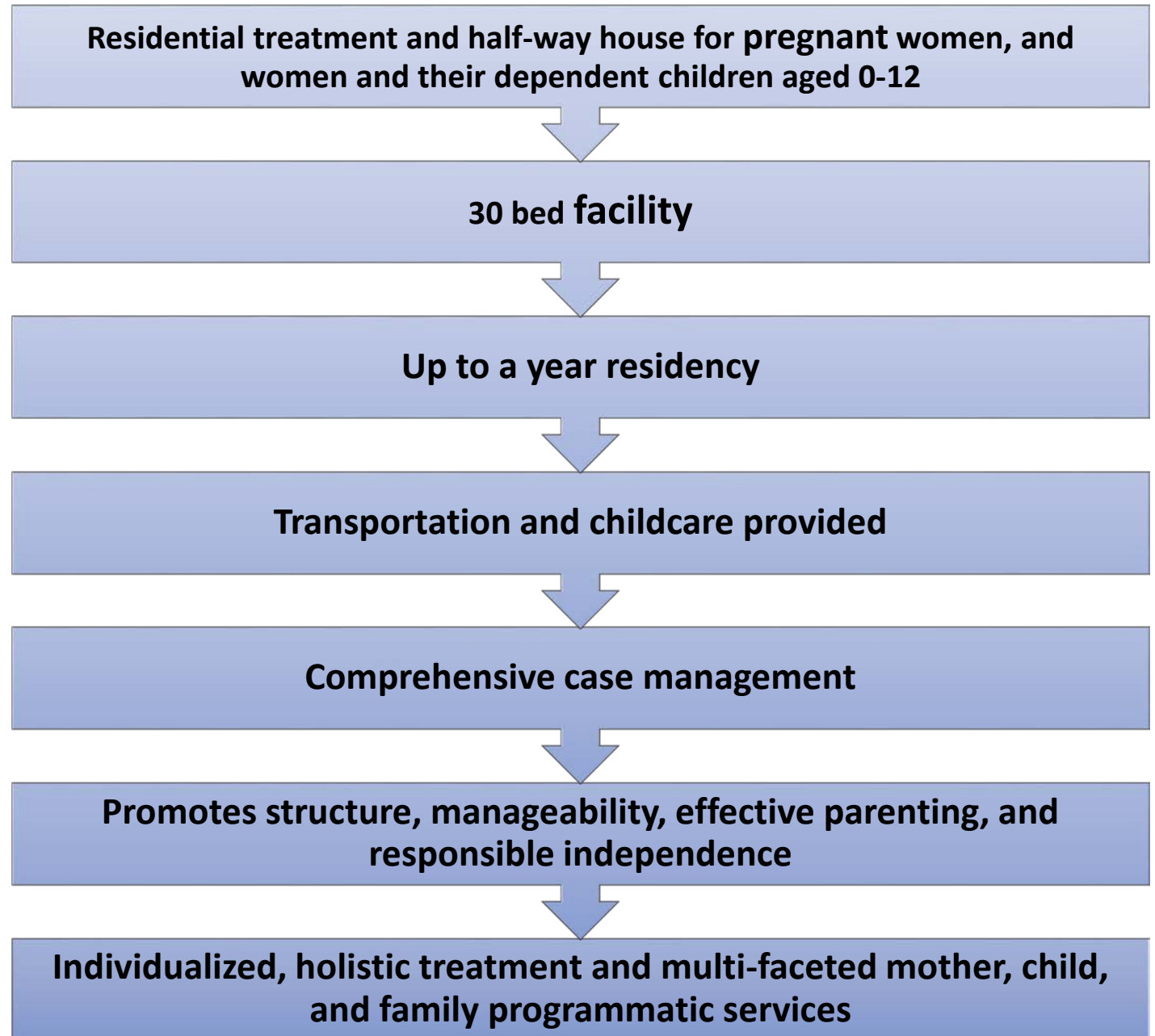
For

*Families Impacted by
Neonatal Abstinence
Syndrome*



**LOUISIANA
NAS
RESIDENTIAL
PILOT
PROGRAM**

**REALITY
HOUSE**



ADDITIONAL SERVICES

TRAUMA-INFORMED SERVICES

Individual Counseling

Early Childhood Development

Family Counseling

Tutoring for Children

Group Counseling

Crisis Intervention Services Referral

Substance Use Disorder Education

Job Search Assistance

12-Step Recovery Program

Supportive Services Referrals

Children of Alcoholics (COA) Program

Relapse Prevention

Life Skills Training

Parenting Training

PROGRAM CRITERIA

Pregnant women with OUD Diagnosis on MAT (Priority)

Post-Partum Women with OUD Diagnosis on MAT up to (6) months postpartum.

Women in the process of family unification with OUD but not pregnant. The women may have children off-site.

Women (with Dependent Children) with OUD Diagnosis on MAT.

Women with OUD Diagnosis (NOT on MAT) but has an infant with NAS diagnosis

Woman with OUD not on MAT with a NAS baby qualify because of the baby.



SUBSTANCE USE DISORDERS IN WOMEN

Highly correlated with co-occurring conditions such as depression & anxiety

Low socioeconomic status, domestic violence and trauma

Personal violence and trauma reported by 50-90% of persons with SUDs

Traumatic events in childhood strongly correlated with SUDs

Severity of childhood trauma is predictor of SUD relapse in women



STIGMA

Women may be reluctant to seek help for a substance use disorder due to social stigma

There may also be a fear of Child Protective Services involvement and losing custody of children

SUBSTANCE USE DISORDERS IN PREGNANCY

Between 2000 and 2009, national rates of opioid use in pregnancy increased fivefold

Adverse pregnancy outcomes:

- Prematurity
- Low birth weight
- Neonatal abstinence syndrome (NAS)

NEONATAL ABSTINENCE SYNDROME (NAS)

SYMPTOMS

- IRRITABILITY
- AN INCOSOLABLE HIGH PITCH CRY
- FEVER
- FEEDING DIFFICULTY AND POOR WEIGHT GAIN
- VOMITING AND DIARRHEA
- SKIN BREAKDOWN
- SLEEP DISTURBANCE
- A POTENTIAL FOR SEIZURES AND IN RARE CASES DEATH

INTEGRATED MODELS OF CARE

Integrated treatment models (those that combine on-site pregnancy, parenting and child-related services with addiction services) are essential for addressing the many needs of pregnant and parenting women with SUD's.

These programs ideally combine Medication Assisted Treatment (MAT) with additional services to assist pregnant women with SUD's.

QUESTIONS?