

Ideas & Goals

**Let your
imagination
determine your
destination.**

Whatever your destination, you can get there by dreaming up big ideas and staying focused on your goals.

Don't let prescription pain pills like Lortab and Oxy stop you from being the amazingly awesome girl you are— healthy, free, and independent.

Share your dreams with the world and get inspired by the dreams of other girls just like you at mebydesignla.com.

me
#BYDESIGN
Capital Area Human Services

realhelpbr.com • 225-925-1906

IG = IDEAS & GOALS

