

GRACE



Pregnancy Opioid Use Disorder Case Management Program

Opioids-names you may recognize



Dilaudid
Norco
Vicodin
Oxycontin
Demerol
oxycodone
Methadone
buprenorphine
Fentanyl
Codeine
Naloxone
Heroin
Subutex
Percodan

2 Opioid addiction is a chronic brain disease...

Opioids-street names

white
biscuits lean
purple china
schoolboy football
sizzurp juice
cody captain vike
dance
drank

Jump In Overdoses Shows Opioid Epidemic Has Worsened

March 6, 2018 - 1:02 PM ET

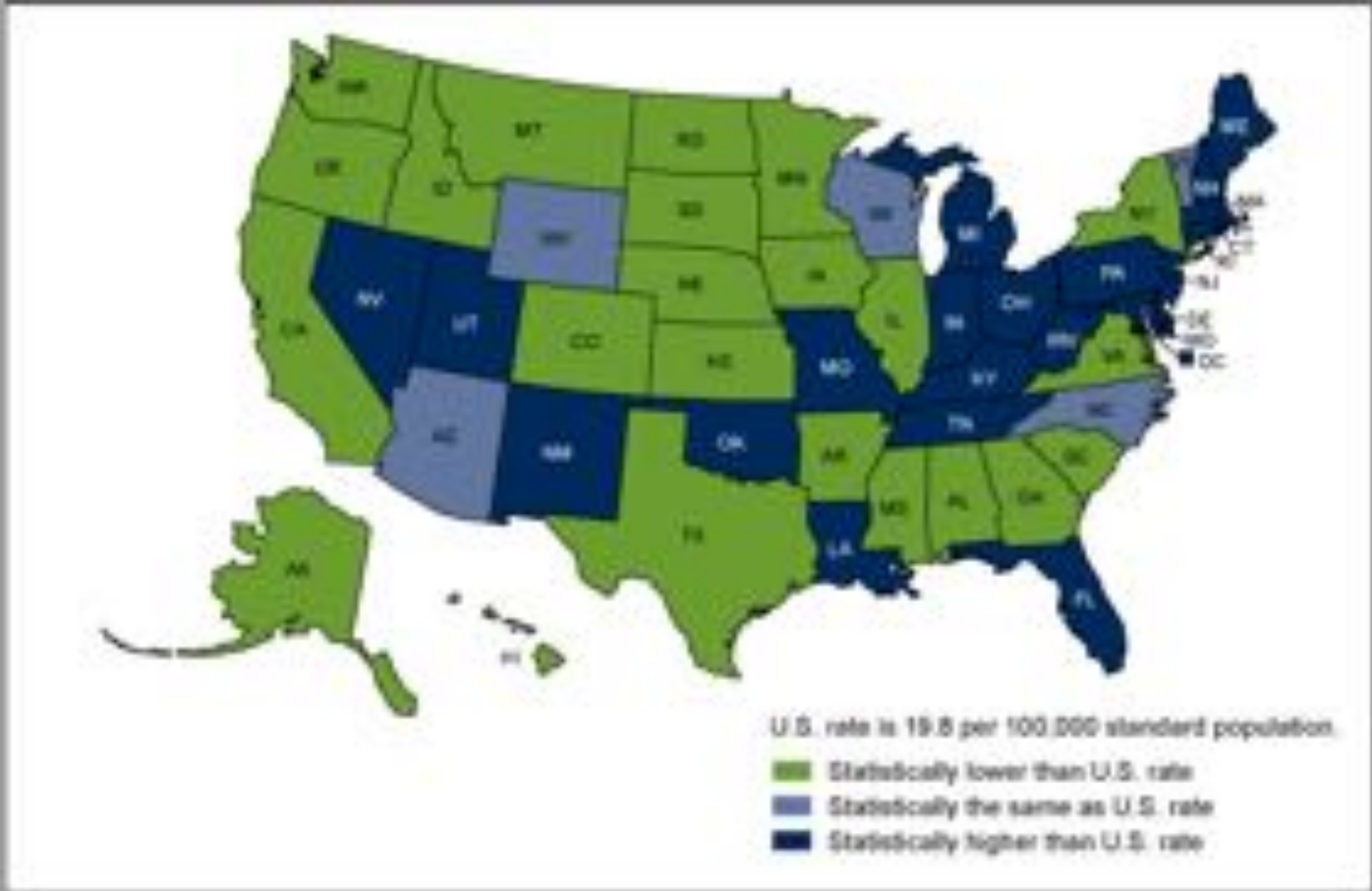
Heard on [All Things Considered](#)



ROB STEIN



Louisiana Drug Mortality Death Rate 21.8 per 100,000 Population in 2016



Rate of women addicted to opioids during pregnancy quadrupled in 15 years, CDC says

By Susan Scutti, CNN

Updated 1:06 PM ET, Thu August 9, 2018



Prevalence of OUD went from 1.5 cases per 1000 deliveries to 6.5

Majority are white middle class women living in less urban areas

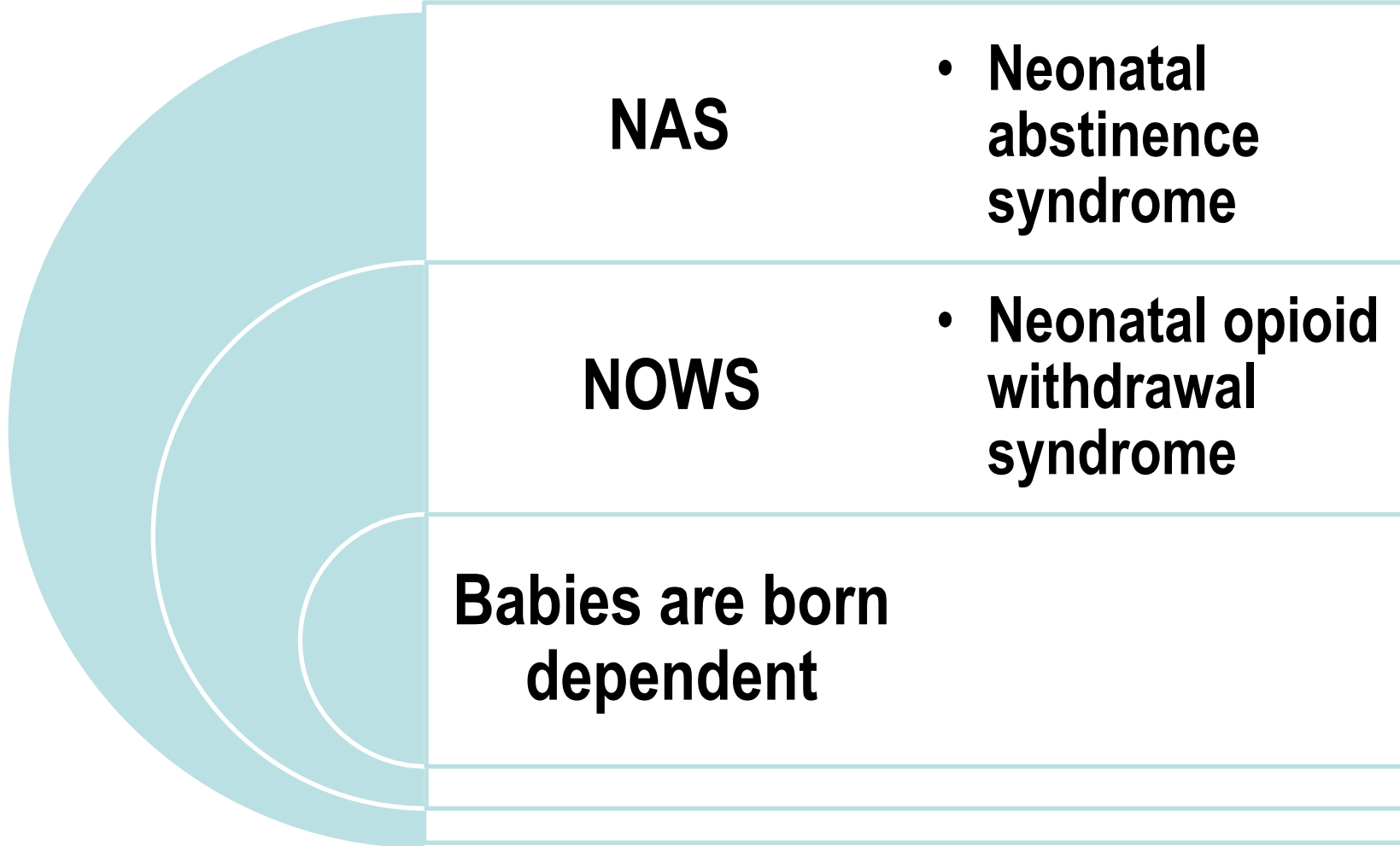
The Advocate, May 5, 2018



Born addicted: How the opioid crisis is affecting Louisiana's newborns and pregnant women can get treatment

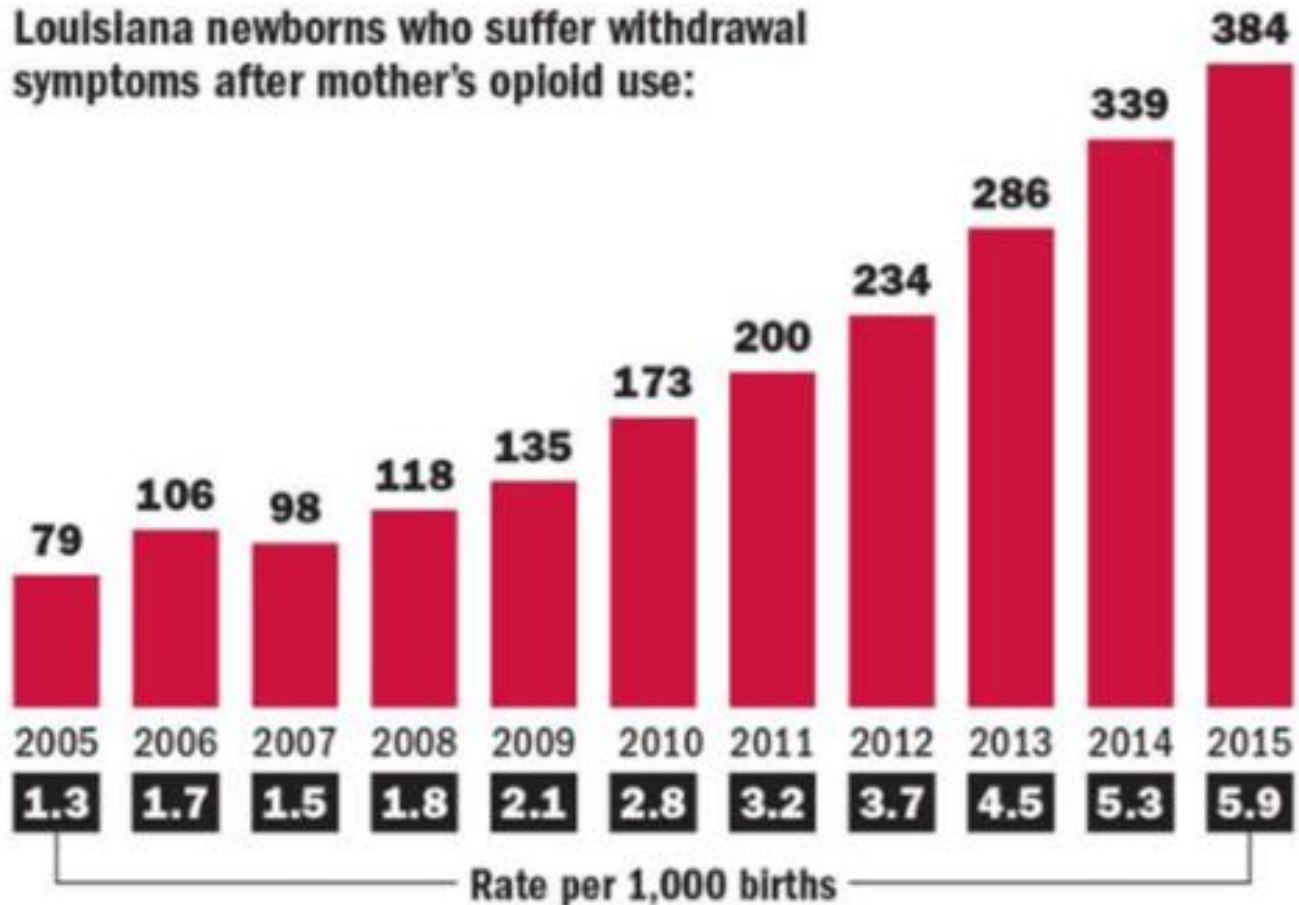
BY ANDREA GALLO | AGALLO@THEADVOCATE.COM MAY 5, 2018 - 2:00 PM

NAS/NOWS



OPIOID ADDICTED BABIES

Louisiana newborns who suffer withdrawal symptoms after mother's opioid use:



Source: Louisiana Department of Health

Advocate graphic

NAS/NOWS symptoms

CNS irritability

Tremors and
seizures

Persistent
crying

Vomiting,
diarrhea,
weight loss

Tight muscle
tone

Unstable
temperature

What have we seen at Woman's?

More mothers are being affected by substance misuse

More babies are being affected by maternal substance misuse

May and June 2017 maternal drug use

1328 deliveries

185 had positive history or drug screen (13.93%)

- 38 used opioids (2.86%)
- 17 used cocaine (1.2%)
- 16 used amphetamines/meth (1.2%)
- 9 used a benzodiazepine (0.6%)
- 130 used marijuana (9.79%)

May and June 2017 neonatal withdrawal inventory scoring

40 babies had NWI scoring

21 had NWI scoring > 0

7 babies received treatment for Neonatal Abstinence Syndrome

Guiding Recovery and Creating Empowerment

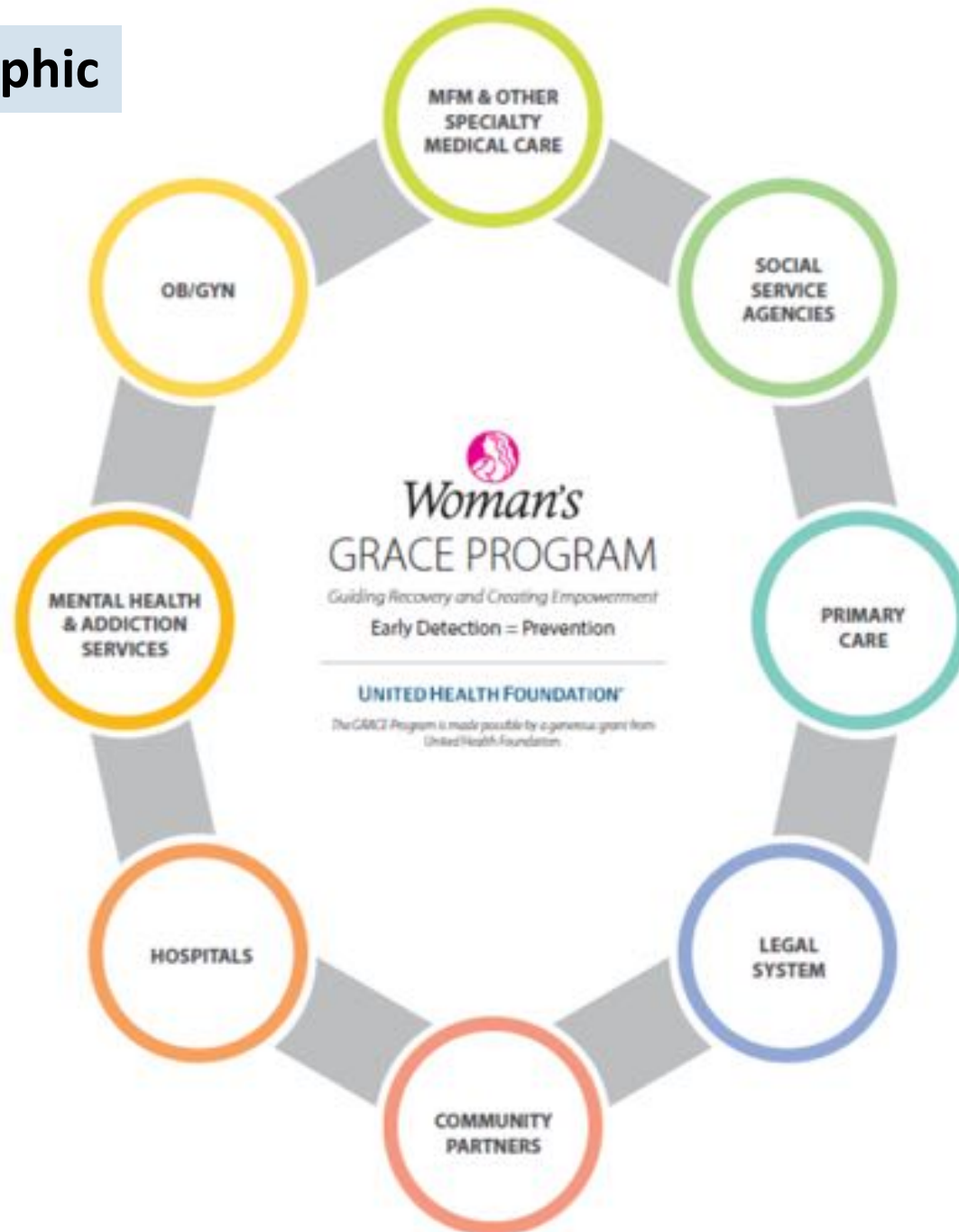
GRACE

Our program aims to facilitate patient-centered care for opioid dependent pregnant women with a goal of improved outcomes for mother and baby and ongoing addiction management leading to recovery

GRACE Project Goals

- **Education of nurses and doctors**
 - **Empathetic communication**
 - **Non-judgmental care**
 - **Screening and early intervention**
- **Case Management**
 - **Empower new moms with a plan to manage addiction and care for their infant**
 - **Continuing support for up to 6 weeks PP**

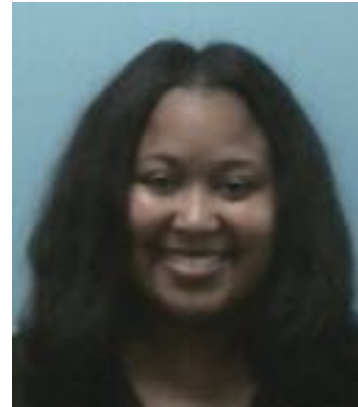
GRACE infographic



The front line for GRACE

- Program staff
 - Kiona Hayes, MSN
 - APRN, FNP-C

 - Jena Ourso, LMSW



We teamed with the LSU School of Social Work to provide information



LA SBIRT

About Screening, Brief Intervention, and Referral to Treatment (SBIRT)

SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders. The SBIRT acronym stands for Screening, Brief Intervention, and Referral to Treatment. Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur. An estimated 20% of the general population is considered at risk because of harmful substance use patterns, and it is this group of individuals that is targeted by SBIRT.

- Screening quickly assesses the severity of substance use and identifies the appropriate level of intervention.
- Brief Intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.
- Referral to Treatment provides those identified as needing more extensive treatment with access to specialty care.

Intervention with Motivational Interviewing.....IT'S NOT THIS!



"It's some new thing called an intervention."



Woman's

exceptional care,
centered on you



It's not the Destination,
It's the journey.

Ralph Waldo Emerson